

Invitation to veterinarians certified in veterinary chiropractic

CE – approved Seminar in:

Module I "Introduction to Postural Rehabilitation"

Canine module II "Canine Postural Rehabilitation"

Equine module IV "Equine Advanced Postural Rehabilitation Techniques"

Presented by Dr. Karen Gellman, DVM, PhD; Dr. Judith Shoemaker, DVM, and Elizabeth Reese (all from USA).

Dear colleagues

DSVK, Danish Veterinary Chiropractic Association, invites you to an interesting seminar in Postural Rehabilitation, which is a great and effective concept for treating canine and equine patients with postural challenges. There are more modules for both canine and equine patients, and the full packet of Canine Postural Rehabilitation seminars consists of three modules, and the full packet of Equine Postural Rehabilitation seminars consists of four modules. This seminar offered by DSVK in 2019 consists of the following modules:

Module I: Introduction to Postural Rehabilitation

- Monday 5th of August 2019 7.30 am – 6.30 pm
- Tuesday 6th of August 2019 7.30 am – 6.30 pm followed by “get together” dinner.
- Wednesday 7th of August 2019 7.30 am – 6.30 pm

Canine module II: Canine Postural Rehabilitation

- Thursday 8th of August 2019 7.30 am – 6.30 pm followed by “get together” dinner.
- Friday 9th of August 2019 7.30 am – 6.30 pm

Equine module IV: Equine Advanced Postural Rehabilitation Techniques

- Saturday 10th of August 2019 7.30 am – 6.30 pm
- Sunday 11th of August 2019 7.30 am – 6.30 pm followed by “get together” dinner.
- Monday 12th of August 2019 7.30 am – 6.30 pm

The “Introduction to Postural Rehabilitation” is a required module for the continuing courses in both canine and equine PR, and the courses have to be followed in a numbered order. In order to participate in Canine module II, you must have completed the Introduction course, and you can continue directly from the Introduction course to the Canine module II in this seminar. Former students may “audit” for a reduced cost, for further information please contact Eickemeyer. In order to participate in Equine module IV, you must have completed the Introduction course, Equine module II and III. Equine module II and III will not be offered in this series of courses.

Program:

Module I "Introduction to Postural Rehabilitation"

This 3 day introductory seminar is for both equine and small animal practitioners, and we will work with both dogs and horses. It has a high proportion of scientific content, to give a solid background in the biological basis of the clinical techniques. We will focus on the structure and function of the upper cervical region and the related biomechanics of locomotion. Individual and group instructions on correct practitioner body mechanics and function are an essential part of this module. There will be Alexander Technique workshops. To maximize practical and experiential programming on site, some of the conceptual programming is on a distance learning format, in June or July, where all participants will attend 1 day of **webinar lectures**. These lectures will be video-recorded, and can be showed any time until October 2019. Further information will be given after registration.

Approved for 24 CE hours. Date: 5th August – 7th August 2019.

Canine module II "Canine Postural Rehabilitation"

In this seminar small animal practitioners learn about the contributions of the stomatognathic system and distal extremities to posture. We will work with canine bite and skull malformations, and will explore the structure and function of the distal extremities. Focus will be on effective handling techniques and will provide significant improvement in clinical skills for diagnostics and treatment. Each participant has an individually tailored tutorial session to learn the basic postural reprogramming techniques. Positive coaching interaction and hands on practice provide opportunities for each participant to develop the skills taught, and integrate case management concepts. There will be Alexander Technique workshops. Practical sessions include both adult dogs and puppies. To maximize practical and experiential programming on site, some of the conceptual programming is on a distance learning format, in June or July, where all participants will attend 1 day of **webinar lectures**. These lectures will be video-recorded, and can be showed any time until October 2019. Further information will be given after registration.

Approved for 16 CE hours. Date: 8th-9th August 2019.

Equine module IV "Equine Advanced Postural Rehabilitation Techniques"

In this 3 day seminar, each participant has an individually tailored tutorial session to refine their basic postural reprogramming techniques, and learn new ones for the hind end of the horse. Positive coaching interaction and hands on practice provide opportunities for each participant to develop the skills taught, and integrate case management concepts. Private Alexander Technique lessons will be given. To maximize practical and experiential programming on site, some of the conceptual programming is on a distance learning format, in June or July, where all participants will attend approximately ½ day of **webinar lectures**. These lectures will be video-recorded, and can be showed any time until October 2019. Further information will be given after registration.

Approved for 24 CE hours. Date: 10th August - 12th August 2019.



Location of seminar:

Stutteri Amhøj, Venning Byvej 6, 8920 Randers, Denmark (www.amhoj.dk)

There are great opportunities for horse riding, bathing and "Danish hygge" around the fireplace.



The participants should arrange their own travel. Stutteri Amhøj is placed 1 hour from Aarhus and Aalborg Airports, 1½ hour from Billund Airport, and 10 minutes from Randers Train station.

Accommodation:

Stutteri Amhøj (www.amhoj.dk)

www.visitranders.dk

Participation fees are as follows:

I "Introduction to Postural Rehabilitation"

9.450 DKK per participant (breakfast, lunch and course material are included, accommodation is not included).
To be registered before 1st of March 2019 and paid before 1st of April 2019.

Canine module II "Canine Postural Rehabilitation"

10.000 DKK per participant (breakfast, lunch and course material are included, accommodation is not included).
To be registered before 1st of March 2019 and paid before 1st of April 2019.

Equine module IV "Equine Advanced Postural Rehabilitation Techniques"

10.950 DKK per participant (breakfast, lunch and course material are included, accommodation is not included).
To be registered before 1st of March 2019 and paid before

No refund will be made after 1st of April 2019, unless the course is canceled.

Registration:

Please send the attached **Course Registration Formula** with your registration to Eickemeyer, Denmark, email: info@eickemeyer.dk. Phone + 45 70205019. Invoice will be sent out after confirmation of registration.

To participate in Canine II, you must have completed PR Introduction.

To participate in Equine IV, you must have completed PR Introduction, Equine II and III.

Bookings will be made on a first come first served basis.

Continuing Education Credit Hours: module I: 24 hours, module II: 16 hours, module IV: 24 hours.

Language: The working language will be English.



Further information:

- Postural Rehabilitation – www.posturalrehabvets.com
- Our very competent instructors – www.equinesportsmed.com; www.judithshoemaker.com; www.atdressage.com; www.daisyhavenfarm.com; www.pzz-riedmuehle.de
- Danish association of Veterinary Chiropractic – www.dsvk.dk

Presentation of lecturers:



Dr. Judith Shoemaker is a clinician with twenty-five years of experience solving performance problems, and is the creator of the clinical techniques. Well known for her practical application of significant complex scientific concepts, with repeatable, positive results, she is a popular speaker for IVAS, AVCA, AHVMA and at many other continuing education venues in both traditional and integrative therapies. Her referral practice, Always Helpful, integrates multiple modalities in treating many top performance horses and dogs in every discipline, from Maine to Florida, and internationally. Postural Rehab seminars are held at her home base, Fincastle Farm, in southern Pennsylvania.



Dr. Karen Gellman is a graduate of Cornell College of Veterinary Medicine, and has a doctorate from Cornell in animal locomotion biomechanics. She has advanced training and certification in veterinary acupuncture and veterinary chiropractic. She has also studied physical therapy techniques with some of the leading veterinary therapists in England and Canada. She teaches internationally about locomotion biomechanics and complementary therapies to veterinarians and physical therapists. Her current research involves equine malocclusion and postural



Elizabeth Reese, AmSAT, M.Ed, LMHC, is a certified Teacher of the Alexander Technique, a certified dressage instructor, and a licensed mental health counselor. She began studying the AT in 1981 with Marjorie Barstow and considered the work as a core part of her training as a dancer/choreographer/performer in NYC. She certified as an AT teacher in 1994. She was a senior faculty member at AT-NYC for ten years and is a co-founder/instructor at Postural Rehabilitation, a continuing education program for veterinarians using alternative care in treatment. Her interest in the embodied experience of trauma led her to her masters work in mental health counseling and, in 2014, her work as a research associate on a study exploring the significance of posture in performance, injury, relationship and emotional regulation, using horses as models, funded by the American Holistic Veterinary Foundation. Her Alexander workshops have been presented around the country. Elizabeth is currently on faculty at Bard College *Graduate Vocal Arts Program* and at *Neighborhood Playhouse* in NYC.